

# Qi Dao – Tibetan Shamanic Qigong Workshop & Wilderness Retreat

**Qi Dao Workshop at Portland Subud Center  
Saturday, August 23, 2008 - 10:00 a.m. to 4:00 p.m.**

Discover the energetic principles of Internal Martial Arts and Qigong taught by Lama Somananda Tantrapa Rinpoche, Qigong Master and holder of the lineage of Qi Dao. Tibetan Shamanic Qigong offers an enlightened approach to human interactions applicable both in professional and daily life, as well as in Healing and Martial Arts. Imagine yourself performing the feats of power you've only dreamed of!



- Learn to project, sense and be in the flow of Qi
- Distinguish between neutral, light and heavy hands
- Discover your partner's strong and weak points
- Invite your partner to bring attention to your weak points
- Learn to use power instead of force.

## Qi Dao Wilderness Retreat on the Oregon Coast August 29 – September 1, 2008



Our Labor Day weekend retreat at the Ecola State Park on the Oregon Coast is coming up! In the best traditions of Tibetan, Siberian, and Native American Shamanism, our Academy presents a unique opportunity to learn and practice Qi Dao in one of the most beautiful areas on the Oregon Coast. It is going to be an invigorating adventure combining Shamanic journeys with the healing power of Nature. Bring your fears, attachments and old beliefs to let go of in the wilderness. Come prepared for moderate hiking and more intimate connection with Mother Earth through the practice of Qi Dao outdoors with Lama Tantrapa, Rinpoche.

- Experience a spiritual adventure quest
- Tap into the elemental forces of nature
- Learn and practice wilderness survival skills
- Discover the Shaman within!

**First 10 registrants for the Workshop will receive a FREE Qi Dao DVD!  
First 10 registrants for the Wilderness Retreat will receive a FREE Qi Dao Book!**

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Name

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Address

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City

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### REGISTRATION FEES:

- \$150 Early Registration for Workshop (received by 8/1/08) \$ \_\_\_\_\_
- \$175 Regular Registration for Workshop (received after 8/1/08) \$ \_\_\_\_\_
- \$300 Early Registration for Retreat (received by 8/1/08) \$ \_\_\_\_\_
- \$350 Regular Registration for Retreat (received after 8/1/08) \$ \_\_\_\_\_

TOTAL REGISTRATION FEES: \$ \_\_\_\_\_

### PRODUCT ORDERS:

- \$39.95 Book: Qi Dao – Tibetan Shamanic Qigong \$ \_\_\_\_\_
- \$24.95 DVD: Qi Dao – Tibetan Shamanic Qigong \$ \_\_\_\_\_
- \$20 Academy of Qi Dao T-Shirt (or 2 for \$30) \$ \_\_\_\_\_
- \$149.95 Basic Qi Dao Home Study Course \$ \_\_\_\_\_

TOTAL PRODUCT ORDER: \$ \_\_\_\_\_

Shipping & Handling Fee: \$ 8.00

TOTAL AMOUNT ENCLOSED: \$ \_\_\_\_\_

**CANCELLATIONS:** Cancellations must be made via email by 8/16/08 to receive a refund, less \$50 cancellation fee. Registrants must attend the event to qualify for the free gift.

QUESTIONS? Email us at [academy@qidao.org](mailto:academy@qidao.org).

**Please make checks payable to: Lama Tantrapa,  
4655 Salmon Street, Bay City, OR 97107**